Pornography Addiction Help and Resources



<u>FightTheNewDrug.org</u>: Get the scientific facts on what porn does to the brain, as well as why and how to stop it.



<u>ThePornEffect.com</u>: Our Mission is to expose the reality behind the fantasy of pornography and to equip individuals to find freedom from it.



-ReclaimSexualHealth.com: RECLAIM offers a science-based, Catholic Online Recovery Program and other resources for those who desire to reclaim God's plan for their lives from porn and unhealthy sexual practices.



-<u>www.GodOverPorn.org:</u> A community of men and women that expresses love, grace, and hope to one another through online group support, bible studies, and workshops.



-<u>IntegrityRestored.com</u>: Integrity Restored provides education, training, encouragement, and resources to break free from pornography and heal relationships.



-Counselor for Pornography Addiction: Chris Countryman, LCSW at 740 E. 52nd Street Suite 10 Indianapolis, IN 46205

Phone: 317-414-1296 Email: cknm56@gmail.com

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